Through songs, rhymes, and activities, we will learn about

“Night and Day”!

This week we are talking about daytime and nighttime activities. We will learn words that describe night and day, like moon, sun, and stars. We will also talk about what we might see at night.

New Concept:

Problems and Solutions

Choosing solutions to problems is a vital skill for everyone! In most books there is a problem that is solved. This week we will talk about what the problem is in our story and we will come up with possible solutions. After we read the book, we will decide if our solutions work or not.

New Letter

Big “Y” and little “y”

Some “Y” words we will talk about are Yo-yo, Yellow, Yarn, and Yes!


Retold by Gail Tuchman

How the Sky Got Its Stars is based on a Native American folktale, in which the animals create a place for everything on earth, but do not know where to put the stars. The coyote solves the problem by placing the stars in the sky. We will relate this story to problem solving in our lives. You can help your child learn to solve problems by asking simple questions with simple solutions. An example might be saying to your child “We do not have any milk. What should we do?” Your child might say “Let’s go to the store to get more.”

Songs we are singing

“Mr. Sun”

“Wee Willie Winkie”

“Letter Talk” is what we use to help children learn how to form letters!

Letter Talk for big ‘Y’

Slant right down, slant left down, straight line down.

Letter Talk for little ‘y’

Slant right down, slant left down below the other line.

Draw letters in the air or in the palm of your hand!

Letters to review

Try These Tips at Home

Teach your child about: Problems and Solutions

- After you read a story, ask your child what the problem was and how the character or characters solved the problem.
- Provide your child with problems to solve. Say to your child “The door is locked and I can’t get in. What should I do?” Your child might say, “Use your key.”
- When you have a simple problem, like having 1 apple and 3 people to share it, ask your child how you should solve the problem.

Help your child learn the letters: Y and y

- Help your child make a “Y” using their arms over their head in the shape of a “V” and their body for the straight line.
- Play “I Spy” looking for things that start with the letter “Y.”

Help your child learn more about: Night and Day

- Talk with your child about your favorite activity to do in the evening and a favorite daytime activity. Have your child share his or her favorite activity that happens during the day at school or at night at home.
- Play a guessing game using things related to night or day. You might say “What is in the sky at night and twinkles?” and your child would guess “a star.”

The Planetarium

Visit a local planetarium with your child! Before going there, talk about what you may see at the Planetarium.

Also, ask your child simple questions like “At night do we see the sun or the moon?” Go to the library and check out books about night and day. Have your child draw one or two things that they do at night and help your child write the words under the picture.

If your area does not have a planetarium, take a blanket and sit out under the stars. You can still ask these questions and help your child learn about day and night!

Visit a local planetarium with your child! Before going there, talk about what you may see at the Planetarium.

Check your library for books about night & day!

Books related to theme

- “Eli’s Night-Light” by Liz Rosenberg
- “Goodnight Moon” by Margaret Wise Brown
- “Is it Bedtime Wibbly Pig?” by Mick Inkpen
- “Is It Dark? Is It Light?” by Mary D. Lankford
- “Kiss Good Night” by Amy Hest
- “Let’s Go to Bed” by Pamela Venus
- “The Sun Is My Favorite Star” by Frank Asch
- “When Moon Fell Down” by Linda Smith

Book Pick: “Twinkle, Twinkle, Little Star”

As Told and Illustrated by Iza Trapani

This book has rhyming text and soothing pictures, which makes it perfect for a bedtime story. It is a magical tale where a little girl wishes upon a twinkling star. The star appears in her window and takes her on a magical ride through the sky. This would be a good book to talk with your child about whether the story is real or make-believe.

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